



In partnership with



Professional Foundations Programme

ALX now provides more for those who want more. Access the full ALX ecosystem for just \$5 a month, for the duration of your chosen programme:

- World-class career development programmes, valued up to \$12,500 each
- A thriving community of peers and professionals
- State-of-the-art Tech Hubs to enhance your journey
- Career services and community support

3 Months (35–40 hrs per week)

What is Professional Foundations?

Professional Foundations is an intensive 3-month programme that equips young professionals with the essential skills needed to succeed in their careers. It serves as the standard starting point for all ALX Tech Lite programmes (Data, Programming & Development, and Business) and is required only once, no matter how many ALX programmes you pursue, ensuring you begin with the foundational skills essential for success.

Professional Foundations offers a blend of engaging learning content and hands-on individual and team deliverables, focusing on developing key 21st-century skills crucial for professional growth.

The training covers areas such as leadership, communication, quantitative reasoning, entrepreneurial thinking, critical thinking, task management, and tech skills. Through this comprehensive approach, Professional Foundations prepares learners to navigate and excel in their ALX tech specialisation and empowers them to lead with competence and confidence in their future careers.

Why Professional Foundations Matters

Professional Foundations is the gateway to a transformative journey in the tech world. This one-time, intensive programme equips learners with the crucial skills needed to excel not just in ALX Tech Lite specialisations but also in the dynamic global workplace. By focusing on essential competencies like communication, teamwork, and time management, it lays the groundwork for lifelong career success.

Beyond foundational skills, this programme fosters confidence and readiness, ensuring participants can tackle real-world challenges and collaborate effectively in diverse environments. With its emphasis on professional and personal growth, Professional Foundations acts as a springboard to leadership roles and meaningful contributions in the fast-paced tech industry.

Why Join Us?

- **Career Readiness:** Gain essential professional development skills to excel in the modern workplace.
- **Collaborative Learning:** Work in teams, share feedback, support each other's growth, and build a strong professional network.
- **Practical Application:** Apply new skills through real-world exercises and guided projects.
- **Comprehensive Skill Set:** Develop leadership, analysis, and execution skills tailored for tech careers.

Structure Summary

8 Key Meta Skills

1. **Leading Self**
2. **Leading Others**
3. **Communicating for Impact**
4. **Quantitative Reasoning**
5. **Entrepreneurial Thinking**
6. **Critical Thinking**
7. **Managing Complex Tasks**
8. **Tech Skills**

Tools Learners Get to Use



Figma



Midjourney



Miro



Canva



Zoom



Beautiful.ai



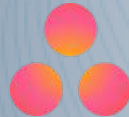
Bing



ChatGPT



Notion



Asana



Loom



Grammarly



Resume.io



Gmail



Google Slides



Google Calendar



Google Sheet



Google Docs



Google Meet

3-Month

Programme

100%

Digital (Online)
Learning
programme

35-40 hrs

Per Week